

CSF Newsletter

Children's Spine Foundation

Volume 10, Issue 1

Spring 2007

PRESIDENT'S MESSAGE

Many of you may have heard the exciting news that a medical school is in the planning stages for the Inland Empire. In May 2006, UC Riverside submitted a proposal to UC officials. The UC Regents approved these plans in November and authorized UCR to forge ahead with its plans.

You may ask why a medical school would be of use to the Inland Empire. In order to have a better idea of the benefits, it is important to learn a few facts about the I.E. Riverside & San Bernardino Counties make up 10.4% of the state's population. The population is greater than in 22 other states in the union. Also, the I.E. has the lowest number of primary care and specialist physicians per 100,000 in the state. Finally, the only comprehensive doctoral research university in the region is UCR.

These were all factors that helped UCR form the Health Science's Initiative (HSI). There are three components of the HSI:

1. **Health Sciences Research Institute**-including biomedicine and health related sciences, as well as psychology, delivery, and management of health and healthcare policy.
2. **Center for Clinical Medical Education**-providing rotations for 3rd and 4th year students as well as medical residencies with area hospitals.
3. **School of Medicine**-focusing on serving the medically

underserved in the large and growing Inland Empire.

Having a local medical school would increase the number of physicians in the state, as well as the Inland



Empire. Studies show that on average, 70% of physicians stay in the area where they served their residencies. Currently, only 1/4 of California's physicians are trained in the state. And overall, the supply of physicians in the state is believed to be 10% below the demand.

Now that we understand the needs of the community, let us focus on the benefits of a local medical school. The HSI website provides us with the following:

- ◆ Serving the medically underserved in our vast and rapidly growing I.E.
- ◆ Training students, including underrepresented groups, for health-related careers.

- ◆ Partnering with community medical centers, hospitals and schools.
- ◆ Addressing diseases that particularly afflict the region's population.
- ◆ Creating knowledge in medicine, which translates to improved health care.
- ◆ Helping the region transition to a knowledge-based economy.

These are just a few of the benefits of having a local medical school. CSF is looking forward to witnessing these events as they take place in our community. Here at CSF we wish to be a partner for success in our community, and hope to work together to improve the lives of those around us.

Sincerely,

Haidu

INSIDE THIS ISSUE

- School Nurse Training Day
Thanks from the Dominican
-Page 2
- Highlights from the Scoliosis
workshop
-Page 3
- CSF Calendar
-Page 4

Information for article taken from:
<http://www.hsi.ucr.edu>

PHYSICIAN'S CORNER



The "Understanding Scoliosis for School Nurses" workshop was presented by CSF in collaboration with CSUSB and San Bernardino County Schools on February 24, 2007. Participants included almost 30 Riverside and San Bernardino County School nurses, and two special CSF patients along with their families. Steve Clute, CSF

Director, and Christine Ridley, CSUSB Lecturer and Internship Coordinator introduced the Nurses, Staff and Program.

After a power point presentation entitled "Scoliosis and related Spinal Abnormalities", nurses in attendance were given the opportunity to ask questions and interact with physicians and staff present.

I introduced two CSF patients, Amanda Van Esch and Kaitlynn Glenn, who underwent treatment for scoliosis. Both girls were given the opportunity to share their experiences and feelings through the treatment process. Dr. and Mrs. Haider thanked the girls and the nurses for giving up their Saturday morning to partake in the Scoliosis workshop.

Towards the end of the workshop, the nurses were separated into teams and participated in practical

demonstrations of Spine Screening and proper use of the scoliometer. Here are some comments the nurses shared regarding the workshop:

"This presentation was very helpful in understanding scoliosis better. The information presented was easy to understand because they had visuals as well."

"It is helpful knowing a family could be referred with no cost for evaluation & they will get assistance with financial needs."

"I am glad we can refer even though they don't have insurance." The morning session ended with a tour of the Spine Clinic where many CSF patients are referred. Allen Sherfat, D.C. guided the nurses through the center and explained the normal course of treatment.

Thanks again to all those in attendance. CSF looks forward to our next event.

THANK YOU FROM THE DOMINICAN REPUBLIC

Below is a message from Scott Nelson, the Medical Director at CURE International in the Dominican Republic. This is the facility where CSF doctors and volunteers perform surgeries during the medical mission trips.

"I wanted to send all of you a big thank you on the behalf of CURE International and the children that you all worked so hard to help this past week. I am sorry that not all of you were able to experience it first hand with us. Although these patients are simple, they are

very grateful for the treatment received. It is always exciting to see quality operations with state of the art implants occurring in these people that have no other options. As usual I think all of us on the team finished this week with even more of a blessing than the people we helped. The magnitude of your gift is far more than any of these people could pay for or even what our organization could afford. Your generosity has made it possible for us to deliver first world quality care to the developing world which is the reason for our existence. Below is a photo of a girl operated last week – doing well at 5 days post op."

Thank you all,
Scott Nelson, MD



Nurse Training 2007



About 30 nurses (top left picture) from Riverside and San Bernardino Counties attended the 2007 Scoliosis Screening workshop held on February 24th 2007. Dr. Siambanes gave the primary presentation (middle picture above). Two special patients also shared their first hand experiences with scoliosis (Patient Kaitlynn Glenn-upper right picture, Patient Amanda Van Esch-middle left picture).



Nurses were given a chance to ask questions from the patients and doctors to have a better understanding of the process. After which, Dr. Siambanes demonstrated screening techniques (middle picture) such as determining shoulder balance. He also demonstrated proper use of the scoliometer (right picture).



Each of the nurses were separated into smaller groups and given the opportunity to practice the techniques learned at the workshop (far left picture). CSF physicians and volunteers were available in each group to provide tips and answer questions (middle picture). Dr. Sherafat used a model of the spine as a visual for the nurses. The day ended with a guided tour through the Spine Clinic.

CALENDAR

March 20, 2007

RCC Health Fair-Moreno Valley Campus

April 24, 2007

RCC Health Fair-Norco Campus

April 29, 2007

The 3rd Annual Multicultural Youth Festival will be held in Downtown Riverside from 10am– 5pm.

May 3, 2007

RCC Health Fair-Riverside Campus

July 9-13, 2007

Healthy Body Healthy Mind

Fall 2007

The 2007 trip to the Dominican Republic is scheduled for late September or early October.



**Dr. Thomas T. Haider and Salma Haider
President and Founders**

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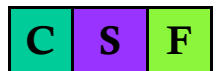
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